

3/7/2019																			
2019 Overall Men's 5k Times										2019 Overall Women's 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Michael Eaton	14	56	Reso	1	Claire Devoe	17	21	Love 'Em	1	Lana Lacey	18	04	Love 'Em	1	Michael Eaton	14	56	Reso
2	Mark Mandi	15	33	Reso	2	Lana Lacey	18	04	Love 'Em	2	Caitlin McIlwain	18	17	Love 'Em	2	Mark Mandi	15	33	Reso
3	Luke Knoblich	15	57	Reso	3	Caitlin McIlwain	18	17	Love 'Em	3	Elizabeth Harmon	18	18	Love 'Em	3	Luke Knoblich	15	57	Reso
4	Gabriel Klot	16	09	Love 'Em	4	Elizabeth Harmon	18	18	Love 'Em	4	Kristen Schafer	18	34	Love 'Em	4	Gabriel Klot	16	09	Love 'Em
5	Lance Thompson	16	14	Love 'Em	5	Nicole O'Loughlin	18	51	FT Stella	5	Jennifer Bigham	18	54	Reso	5	Lance Thompson	16	14	Love 'Em
6	Waqar Shaikh	16	46	Love 'Em	6	Nicole O'Loughlin	18	51	FT Stella	6	Kathryn Merrill	19	05	Love 'Em	6	Waqar Shaikh	16	46	Love 'Em
7	Spencer Walsh	16	48	Love 'Em	7	Jennifer Bigham	18	54	Reso	7	Caitlin Switaj	19	29	Reso	7	Spencer Walsh	16	48	Love 'Em
8	Logan Yu	16	51	Reso	8	Kathryn Merrill	19	05	Love 'Em	8	Julia Reade	19	33	Reso	8	Logan Yu	16	51	Reso
9	Joseph Skoog	17	12	Reso	9	Caitlin Switaj	19	29	Reso	9	Julia Reade	19	33	Reso	9	Joseph Skoog	17	12	Reso
10	Bryan Easters	17	27	Reso	10	Julia Reade	19	33	Reso	10	Adair Gennocro	19	37	Reso	10	Bryan Easters	17	27	Reso
11	Ethan Lopic	17	36	Reso	11	Adair Gennocro	19	37	Reso	11	Mattucci Kallan	19	50	Love 'Em	11	Ethan Lopic	17	36	Reso
12	Edward Smilde	17	45	Reso	12	Mattucci Kallan	19	50	Love 'Em	12	Lynn Carlsson	20	05	Reso	12	Edward Smilde	17	45	Reso
13	Ed Smilde	17	51	Love 'Em	13	Lynn Carlsson	20	05	Reso	13	Sharon Bertolli	20	30	Reso	13	Ed Smilde	17	51	Love 'Em
14	Tahoma Doyon	18	01	Reso	14	Sharon Bertolli	20	30	Reso	14	Sayaka Yoshinaga	20	39	Reso	14	Tahoma Doyon	18	01	Reso
15	Shane Wesley	18	04	Love 'Em	15	Sayaka Yoshinaga	20	39	Reso	15	Hayley Bleakley-Harris	20	59	Love 'Em	15	Shane Wesley	18	04	Love 'Em
16	Matthew Rain	18	05	Reso	16	Hayley Bleakley-Harris	20	59	Love 'Em	16	Danielle Henry	20	59	Reso	16	Matthew Rain	18	05	Reso
17	Max Hanley	18	09	Reso	17	Danielle Henry	20	59	Reso	17	Bess McKinney	21	01	Reso	17	Max Hanley	18	09	Reso
18	Brien O'Loughlin	18	18	FT Stella	18	Bess McKinney	21	01	Reso	18	Katie Galdabini	21	03	Love 'Em	18	Brien O'Loughlin	18	18	FT Stella
19	Brett Winegar	18	26	Reso	19	Katie Galdabini	21	03	Love 'Em	19	Abigail Wallace	21	30	Reso	19	Brett Winegar	18	26	Reso
20	Steve Heaps	18	30	Reso	20	Abigail Wallace	21	30	Reso	20					20	Steve Heaps	18	30	Reso
2019 Women's 01-19 5k Times										2019 Men's 01-19 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Luke Knoblich	15	57	Reso	1	Hayley Bleakley-Harris	20	59	Love 'Em	1	#NUM!	####	####	#NUM!	1	Luke Knoblich	15	57	Reso
2	Joseph Skoog	17	12	Reso	2	Abigail Wallace	21	30	Reso	2	#NUM!	####	####	#NUM!	2	Joseph Skoog	17	12	Reso
3	Ethan Lopic	17	36	Reso	3	Tegan Rain	22	17	Reso	3	#NUM!	####	####	#NUM!	3	Ethan Lopic	17	36	Reso
4	Max Hanley	18	09	Reso	4	Hayley Wallace	22	33	Reso	4	#NUM!	####	####	#NUM!	4	Max Hanley	18	09	Reso
5	Stephen Bleakley-Harris	18	42	Love 'Em	5	Delaney McCormack	24	03	Reso	5	#NUM!	####	####	#NUM!	5	Stephen Bleakley-Harris	18	42	Love 'Em
6	Thomas Bertolli	18	45	Reso	6	Anna Lendrum Fort	24	28	Reso	6	#NUM!	####	####	#NUM!	6	Thomas Bertolli	18	45	Reso
7	Will Yaku	18	50	Love 'Em	7	Alex Urquhart	25	20	Reso	7	#NUM!	####	####	#NUM!	7	Will Yaku	18	50	Love 'Em
8	Brett Hanley	19	08	Reso	8	Luc Carrel	25	21	Reso	8	#NUM!	####	####	#NUM!	8	Brett Hanley	19	08	Reso
9	Braden Wallace	19	22	Reso	9	Grace Torlai	26	57	Reso	9	#NUM!	####	####	#NUM!	9	Braden Wallace	19	22	Reso
10	Riley Harper	19	37	Reso	10	Manami -	28	08	Reso	10	#NUM!	####	####	#NUM!	10	Riley Harper	19	37	Reso
2019 Men's 20-29 5k Times										2019 Women's 20-29 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Bryan Easters	17	27	Reso	1	Claire Devoe	17	21	Love 'Em	1	#NUM!	####	####	#NUM!	1	Bryan Easters	17	27	Reso
2	Edward Smilde	17	45	Reso	2	Caitlin McIlwain	18	17	Love 'Em	2	#NUM!	####	####	#NUM!	2	Edward Smilde	17	45	Reso
3	Ed Smilde	17	51	Love 'Em	3	Elizabeth Harmon	18	18	Love 'Em	3	#NUM!	####	####	#NUM!	3	Ed Smilde	17	51	Love 'Em
4	Brien O'Loughlin	18	18	FT Stella	4	Nicole O'Loughlin	18	51	FT Stella	4	#NUM!	####	####	#NUM!	4	Brien O'Loughlin	18	18	FT Stella
5	Karsten James	18	40	Reso	5	Caitlin Switaj	19	29	Reso	5	#NUM!	####	####	#NUM!	5	Karsten James	18	40	Reso
6	Drew Goodman	19	31	Love 'Em	6	Adair Gennocro	19	37	Reso	6	#NUM!	####	####	#NUM!	6	Drew Goodman	19	31	Love 'Em
7	Nathan Conrad	19	31	Reso	7	Mattucci Kallan	19	50	Love 'Em	7	#NUM!	####	####	#NUM!	7	Nathan Conrad	19	31	Reso
8	Henry Garman	19	50	Love 'Em	8	Amanda Henderson	21	44	Reso	8	#NUM!	####	####	#NUM!	8	Henry Garman	19	50	Love 'Em
9	Hugo Umbers	19	59	Reso	9	Kristen Buckingham	22	15	Reso	9	#NUM!	####	####	#NUM!	9	Hugo Umbers	19	59	Reso
10	Eivind Bakke	20	40	Reso	10	Zoe Boblis	23	31	Reso	10	#NUM!	####	####	#NUM!	10	Eivind Bakke	20	40	Reso
2019 Men's 30-39 5k Times										2019 Women's 30-39 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Michael Eaton	14	56	Reso	1	Lana Lacey	18	04	Love 'Em	1	#NUM!	####	####	#NUM!	1	Michael Eaton	14	56	Reso
2	Mark Mandi	15	33	Reso	2	Kristen Schafer	18	34	Love 'Em	2	#NUM!	####	####	#NUM!	2	Mark Mandi	15	33	Reso
3	Waqar Shaikh	16	46	Love 'Em	3	Jennifer Bigham	18	54	Reso	3	#NUM!	####	####	#NUM!	3	Waqar Shaikh	16	46	Love 'Em
4	Spencer Walsh	16	48	Love 'Em	4	Kathryn Merrill	19	05	Love 'Em	4	#NUM!	####	####	#NUM!	4	Spencer Walsh	16	48	Love 'Em
5	Logan Yu	16	51	Reso	5	Julia Reade	19	33	Reso	5	#NUM!	####	####	#NUM!	5	Logan Yu	16	51	Reso
6	Tahoma Doyon	18	01	Reso	6	Lynn Carlsson	20	05	Reso	6	#NUM!	####	####	#NUM!	6	Tahoma Doyon	18	01	Reso
7	Shane Wesley	18	04	Love 'Em	7	Sayaka Yoshinaga	20	39	Reso	7	#NUM!	####	####	#NUM!	7	Shane Wesley	18	04	Love 'Em
8	Brett Winegar	18	26	Reso	8	Bess McKinney	21	01	Reso	8	#NUM!	####	####	#NUM!	8	Brett Winegar	18	26	Reso
9	Chase Kepler	18	50	Love 'Em	9	San Lord	21	40	FT Stella	9	#NUM!	####	####	#NUM!	9	Chase Kepler	18	50	Love 'Em
10	Jeff Bigham	19	09	Reso	10	Amy Kelley	21	57	Reso	10	#NUM!	####	####	#NUM!	10	Jeff Bigham	19	09	Reso
2019 Men's 40-49 5k Times										2019 Women's 40-49 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Gabriel Klot	16	09	Love 'Em	1	Danielle Henry	20	59	Reso	1	#NUM!	####	####	#NUM!	1	Gabriel Klot	16	09	Love 'Em
2	Lance Thompson	16	14	Love 'Em	2	Katie Galdabini	21	03	Love 'Em	2	#NUM!	####	####	#NUM!	2	Lance Thompson	16	14	Love 'Em
3	Matthew Rain	18	05	Reso	3	Deborah Fletcher	22	02	Reso	3	#NUM!	####	####	#NUM!	3	Matthew Rain	18	05	Reso
4	Jamin May	19	06	FT Stella	4	Libby Rain	22	55	Reso	4	#NUM!	####	####	#NUM!	4	Jamin May	19	06	FT Stella
5	Doug Pierson	19	06	Reso	5	Stephanie Key	23	26	Reso	5	#NUM!	####	####	#NUM!	5	Doug Pierson	19	06	Reso
6	Jim Hsu	19	21	Reso	6	Meagan Metzger	23	33	Love 'Em	6	#NUM!	####	####	#NUM!	6	Jim Hsu	19	21	Reso
7	Ben Sauvage	19	57	Reso	7	Amy Roe	23	37	Love 'Em	7	#NUM!	####	####	#NUM!	7	Ben Sauvage	19	57	Reso
8	Mark Hollyhead	20	33	Reso	8	Alexis Olsho	24	04	Reso	8	#NUM!	####	####	#NUM!	8	Mark Hollyhead	20	33	Reso
9	Aaron Petersen	20	47	FT Stella	9	Michele Pettinger	24	15	Reso	9	#NUM!	####	####	#NUM!	9	Aaron Petersen	20	47	FT Stella
10	James Hanley	20	47	Reso	10	Wendy Lendrum	24	28	Reso	10	#NUM!	####	####	#NUM!	10	James Hanley	20	47	Reso
2019 Men's 50-59 5k Times										2019 Women's 50-59 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Steve Heaps	18	30	Reso	1	Sharon Bertolli	20	30	Reso	1	#NUM!	####	####	#NUM!	1	Steve Heaps	18	30	Reso
2	Gary Petro	18	37	FT Stella	2	Erin Finnegan	23	53	Reso	2	#NUM!	####	####	#NUM!	2	Gary Petro	18	37	FT Stella
3	Igor Velichko	18	41	FT Stella	3	Gail Hall	24	34	Reso	3	#NUM!	####	####	#NUM!	3	Igor Velichko	18	41	FT Stella
4	John Leo	18	47	Reso	4	Marie Bleakley	24	37	Love 'Em	4	#NUM!	####	####	#NUM!	4	John Leo	18	47	Reso
5	Paul Carr	19	58	Reso	5	Larissa Uchiyama	24	58	FT Stella	5	#NUM!	####	####	#NUM!	5	Paul Carr	19	58	Reso
6	Robin Sarnier	20	14	FT Stella	6	Sally Norred	25	14	Reso	6	#NUM!	####	####	#NUM!	6	Robin Sarnier	20	14	FT Stella
7	Stephen McIlwain	20	40	Love 'Em	7	Vai Haldeman	25	22	Reso	7	#NUM!	####	####	#NUM!	7	Stephen McIlwain	20	40	Love 'Em
8	David Harris	21	08	Love 'Em	8	Clara Hsu	25	40	Reso	8	#NUM!	####	####	#NUM!	8	David Harris	21	08	Love 'Em
9	Paul Porte	21	27	Reso	9	Melissa Evangelos	25	51	FT Stella	9	#NUM!	####	####	#NUM!	9	Paul Porte	21	27	Reso
10	Urpo Nikanne	21	37	Love 'Em	10	Iika Judkins	26	30	FT Stella	10	#NUM!	####	####	#NUM!	10	Urpo Nikanne	21	37	Love 'Em
2019 Men's 60-69 5k Times										2019 Women's 60-69 5k Times									
Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race	Place	Name	Time		Race
		Min	Sec				Min	Sec				Min	Sec				Min	Sec	
1	Keith Lerew	20	15	FT Stella	1	Kim Muenz	25	56	FT Stella	1									

3/7/2019							
2019 Overall Men's 10k Times			2019 Overall Women's 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Dan Sloat	31	59	1	Sophia Liv	36	57
2	Roert Bond	32	20	2	Nicole O'Loughlin	37	48
3	Jarrett Kunze	32	22	3	Veronica Ewers	40	11
4	Kyle Hooker	34	12	4	Anna McConnell	42	24
5	Nicholas Bowden	34	33	5	Meredith Thompson	43	12
6	Jacob Laws	34	37	6	San Lord	44	57
7	Patrick Trabert	34	41	7	Bekah Osterhaus	49	12
8	Amon Mende	36	13	8	Alison Skinner	49	39
9	Logan Burk	36	59	9	Larissa Uchiyama	51	36
10	Brien O'Loughlin	37	04	10	Melisa Evangelos	52	21
11	Aaron Roche	37	29	11	Mia Croonquist	52	26
12	Andrew Prentice	37	44	12	Judith Fisher	53	06
13	Gary Petro	38	10	13	Jasmine Salabye	53	18
14	Jamin May	39	09	14	Jeanette Moore	53	21
15	Colin Mitchell	39	16	15	Kimmer Muenz	53	52
16	Chris Cruzan	40	21	16	Sheri Shimko	54	05
17	Robin Sarner	40	33	17	Ika Judkins	55	11
18	Reece Lumsden	41	29	18	Stephanie Sullivan	55	36
19	Brian Taylor	42	18	19	Danielle De La Pena	56	55
20	Keith Lerew	42	39	20	#NUM!	##	#NUM!
2019 Men's 01-19 10k Times			2019 Women's 01-19 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Jacob Laws	34	37	1	#NUM!	###	#NUM!
2	Logan Burk	36	59	2	#NUM!	###	#NUM!
3	Cole Erickson	49	35	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 20-29 10k Times			2019 Women's 20-29 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Dan Sloat	31	59	1	Nicole O'Loughlin	37	48
2	Roert Bond	32	20	2	Veronica Ewers	40	11
3	Jarrett Kunze	32	22	3	Mia Croonquist	52	26
4	Patrick Trabert	34	41	4	Jasmine Salabye	53	18
5	Brien O'Loughlin	37	04	5	#NUM!	###	#NUM!
6	Colin Mitchell	39	16	6	#NUM!	###	#NUM!
7	Tate Stecker	50	49	7	#NUM!	###	#NUM!
8	Owen Breno	52	49	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 30-39 10k Times			2019 Women's 30-39 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Kyle Hooker	34	12	1	Sophia Liv	36	57
2	Aaron Roche	37	29	2	Anna McConnell	42	24
3	Andrew Prentice	37	44	3	San Lord	44	57
4	Matthew Duthie	45	49	4	Bekah Osterhaus	49	12
5	James Snyder	52	23	5	Alison Skinner	49	39
6	Brian Kirby	55	46	6	Jeanette Moore	53	21
7	#NUM!	###	###	7	Stephanie Sullivan	55	36
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 40-49 10k Times			2019 Women's 40-49 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Nicholas Bowden	34	33	1	Meredith Thompson	43	12
2	Amon Mende	36	13	2	Sheri Shimko	54	05
3	Jamin May	39	09	3	Danielle De La Pena	56	55
4	Chris Cruzan	40	21	4	#NUM!	###	#NUM!
5	Reece Lumsden	41	29	5	#NUM!	###	#NUM!
6	Brian Taylor	42	18	6	#NUM!	###	#NUM!
7	Brett Insland	49	10	7	#NUM!	###	#NUM!
8	Mark Bullard	52	26	8	#NUM!	###	#NUM!
9	Loren McNiel	52	51	9	#NUM!	###	#NUM!
10	Cristofer De La Pena	54	06	10	#NUM!	###	#NUM!
2019 Men's 50-59 10k Times			2019 Women's 50-59 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Gary Petro	38	10	1	Larissa Uchiyama	51	36
2	Robin Sarner	40	33	2	Melisa Evangelos	52	21
3	Doug Babbitt	42	43	3	Ika Judkins	55	11
4	Robert Scholl	47	03	4	#NUM!	###	#NUM!
5	Dean Siebert	47	28	5	#NUM!	###	#NUM!
6	John Becker	48	05	6	#NUM!	###	#NUM!
7	Frank Bekker	50	54	7	#NUM!	###	#NUM!
8	John Cassierio	53	43	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 60-69 10k Times			2019 Women's 60-69 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	Keith Lerew	42	39	1	Kimmer Muenz	53	52
2	David Crawford	43	15	2	#NUM!	###	#NUM!
3	David Parsons	43	42	3	#NUM!	###	#NUM!
4	Stan Grochowski	49	38	4	#NUM!	###	#NUM!
5	Erick Lindbergh	51	15	5	#NUM!	###	#NUM!
6	Mike Henderson	51	53	6	#NUM!	###	#NUM!
7	Roy Osterhaus	55	00	7	#NUM!	###	#NUM!
8	Steven Boyer	56	30	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 70+ 10k Times			2019 Women's 70+ 10k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	Judith Fisher	53	06
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!

3/7/2019							
2019 Overall Men's 12k Times			2019 Overall Women's 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
11	#NUM!	###	###	11	#NUM!	###	#NUM!
12	#NUM!	###	###	12	#NUM!	###	#NUM!
13	#NUM!	###	###	13	#NUM!	###	#NUM!
14	#NUM!	###	###	14	#NUM!	###	#NUM!
15	#NUM!	###	###	15	#NUM!	###	#NUM!
16	#NUM!	###	###	16	#NUM!	###	#NUM!
17	#NUM!	###	###	17	#NUM!	###	#NUM!
18	#NUM!	###	###	18	#NUM!	###	#NUM!
19	#NUM!	###	###	19	#NUM!	###	#NUM!
20	#NUM!	###	###	20	#NUM!	###	#NUM!
2019 Men's 01-19 12k Times			2019 Women's 01-19 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 20-29 12k Times			2019 Women's 20-29 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 30-39 12k Times			2019 Women's 30-39 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 40-49 12k Times			2019 Women's 40-49 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 50-59 12k Times			2019 Women's 50-59 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 60-69 12k Times			2019 Women's 60-69 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!
2019 Men's 70+ 12k Times			2019 Women's 70+ 12k Times				
Place	Name	Time		Place	Name	Time	
		Min	Sec			Min	Sec
1	#NUM!	###	###	1	#NUM!	###	#NUM!
2	#NUM!	###	###	2	#NUM!	###	#NUM!
3	#NUM!	###	###	3	#NUM!	###	#NUM!
4	#NUM!	###	###	4	#NUM!	###	#NUM!
5	#NUM!	###	###	5	#NUM!	###	#NUM!
6	#NUM!	###	###	6	#NUM!	###	#NUM!
7	#NUM!	###	###	7	#NUM!	###	#NUM!
8	#NUM!	###	###	8	#NUM!	###	#NUM!
9	#NUM!	###	###	9	#NUM!	###	#NUM!
10	#NUM!	###	###	10	#NUM!	###	#NUM!

