MEET 12 --- 11 AUGUST 1999
Edmonds District Stadium, Edmonds, Washington

OUTSTANDING PERFORMANCES
Male -- Uli Steidl, Club Northwest, 10000-meters
Female -- Liz Stephens, unattached, 800-meters

TOTAL ENTRIES -- 242

FIELD EVENT RESULTS

Women's High Jump
1. Emy Rutkowski (un/F19) 1.45m (4-9).

Men's High Jump
1. Rob ?? (un/M20) 2.00m (6-6 3/4); 2. Frank ?? (un/M20) 1.93m (6-4); 3. Christian Grewe (GER/M17) 1.83m (6-0); 4. Chris Chandler (un/M14) 1.78m (5-10).

Women's Pole Vault
1. Hannah McHugh (un/F15) 2.74m (8-11 3/4); 2. Kierstin Schvaneveldt (un/F17) 2.74m (8-11 3/4); 3. Marisa Omori (un/F18) 2.44m (8-0); 4. MerryJane Bendico (un/F21) 2.28m (7-5 3/4); 5t. Becca Gillespy (un/F17) 2.28m (7-5 3/4); 5t. Kelly Wright (un/F18) 2.28m (7-5 3/4).

Men's Pole Vault
1t. Jamie Wilson (un/M16) 4.27m (14-0); 1t. Fumi Nagahisa (un/M17) 4.27m (14-0); 3. Jason Mauch (un/M19) 3.81m (12-6); 4. Paul Nicoletti (un/M17) 3.66m (12-0); 5. Matt Jenkins (un/M17) 3.20m (10-6); nh. Mike Mikos (un/M51).

Kid's Long Jump
1. Manuela Ottens (GER/F14) 4.37m (14-4); 2. Dean Tanner (GER/M13) 3.99m (13-1); 3. Kiva White-Espinosa (un/F11) 2.79m (9-1 3/4); 4. Renee Gittens (un/F09) 2.64m (8-7); 5. Carina Booth (un/F10) 2.61m (8-6 3/4); 6. Marimar White-Espin (un/F09) 2.54m (8-4); 7. Chelseigh Barks (un/F10) 2.33m (7-7 3/4); 8. Kaleigh Barks (un/F11) 2.28m (7-5 3/4); 9. Athena Nelson (un/F04) 0.63m (2-0 3/4).

Women's Long Jump
1. Kathrin Marquard (GER/F15) 4.32m (14-2); 2. Emy Rutkowski (un/F19) 4.04m (13-3); 3. Jo ?? (un/F??) 3.22m (10-6 3/4); 4. Jenny Pearson (un/F18) 2.72m (8-11); 5. Carrie Gibson (un/F??) 2.51m (8-2 3/4); 6. Kim Gibson (un/F??) 2.46m (8-3 3/4); 7. Garen Glazier (un/F17) 2.13m (6-11 3/4).

Men's Long Jump
1. Brian Odenthal (un/M20) 6.17m (20-3); 2. Neil Hanson (DJC/M26) 4.87m (15-11 3/4); 3. Darren Stults (un/M16) 4.60m (15-1); 4. Scott Koch (DJC/M27) 4.54m (14-10 3/4); 5. Matt Vincent (un/M18) 4.34m (14-2 3/4); 6. Ryan Hoel (un/M17) 4.21m (13-9 3/4); nm. James O'Connor (DJC/M25).

Women's Triple Jump
1. Manuela Ottens (GER/F14) 8.56m (28-1).

Women's Shot Put
(4kg) 1. Jamie Morgan (un/F16) 9.83m (32-3); 2. Charli Hancock (un/F??) 8.18m (26-10); 3. Jenny Pearson (un/F18) 7.49m (24-7); 4. Amy Hunyh (un/F16) 6.27m (20-6 3/4); 5. Joelle B?? (un/F25) 6.16m (20-2 1/2); 6. Carrie Gibson (un/F18) 5.89m (19-4); 7. Garen Glazier (un/F17) 5.26m (17-3); 8. Kim Gibson (un/F18) 5.10m (16-8 3/4).

Men's Shot Put
(16lb) 1. Andrew Steiner (un/M18) 10.74m (35-3); 2. Rich McKay (un/M28) 9.57m (31-4 3/4); 3. Scott Koch (DJC/M27) 9.23m (30-3). (12lb) 1. Brian M?? (un/M??) 9.55m (31-4); 2. Matt Vincent (un/M18) 9.35m (30-8); 3. Pokey ?? (un/M??) 8.47m (27-9 1/2); 4. Ryan Hoel (un/M17) 7.95m (26-1); 5. James O'Connor (un/M25) 7.80m (25-7); 6. Darren Stults (un/M16) 6.91m (22-8).

Women's Discus Throw
Although there were 5 women throwing, no one wrote anything down.
Men's Discus Throw
Although there were 3 men throwing, no one wrote anything down.

Kid's Softball Throw
1. Kiva White-Espin (un/F11) 28.34m (93-0); 2. Chelseigh Barks (un/F10) 27.44m (90-0); 3. Marimar White-Espin (un/F09) 22.86m (75-0); 4. Troy Kilburn (un/M08) 22.86m (75-0); 5. Kaleigh Barks (un/F11) 22.86m (75-0); 6. Carina Booth (un/F10) 21.02m (69-0); 7. Sidneigh Barks (un/F08) 15.54m (51-0); 8. Teresa Bailey (un/F10) 14.62m (48-0); 9. Renee Gittins (un/F09) 13.70m (45-0); 10. Alice Verhorek (un/F08) 11.88m (39-0); 11. Zach Kilburn (un/M06) 9.14m (30-0); 12. Athena Nelson (un/F04) 3.66m (12-0); 13. Ernie Ann (un/F??) 1.82m (6-0).

TRACK EVENT RESULTS

Kid's 100-meter Dash
1. Sean Cameron (un/M09) 16.2h; 2. Carina Booth (un/F10) 17.0h; 3. Renee Gittins (un/F09) 17.6h; 4. Alice Verhovek (un/F08) 17.9h; 5. Chelseigh Barks (un/F10) 18.9h; 6. Troy Kilburn (un/M08) 19.0h; 6t. Kaleigh Barks (un/F11) 19.0h; 8. Teresa Bailey (un/F10) 19.6h; 9. Sidneigh Barks (un/F08) 20.4h; 10. Zach Kilburn (un/M06) 25.5h; 11. Ernie Kilbourne (un/F03) 37.9h; 12. Athena Nelson (un/F04) 41.9h.

Kid's 50-meter Dash
1. Sean Cameron (un/M09) 8.7h; 2. Carina Booth (un/F10) 8.9h; 3. Renee Gittins (un/F09) 9.1h; 4. Alice Verhovek (un/F08) 9.2h; 5. Marimar White-Espin (un/F09) 9.5h; 6t. Chelseigh Barks (un/F10) 9.7h; 6t. Troy Kilburn (un/M08) 9.7h; 6t. Kaleigh Barks (un/F11); 9. Teresa Bailey (un/F10) 10.2h; 10. Sidneigh Barks (un/F08) 10.4h; 11. Zach Kilburn (un/M06) 13.1h; 12. Athena Nelson (un/F04) 17.3h; 13. Ernie Kilbourne (un/F03) 17.8h.

Kid's 200-meter Dash
1. Sean Cameron (un/M09) 35.0h; 2. Renee Gittins (un/F09) 38.2h.

Women's 400-meter Hurdles
1. Liz Stephens (un/F25) 62.9h; 2. Kelly Wright (un/F18) 78.8h.

Men's 400-meter Hurdles
1. David Parker (un/M22) 62.8h.

Women's 200-meter Dash
1. Kathrin Marquard (un/F15) 30.0h; 2. Becca Gillespy (un/F17) 33.2h; 3. Melissa McConnell (un/F13) 33.8h.

Men's 200-meter Dash
1. Jim Rhodes (un/M16) 23.5h; 2. Stefan Kruger (GER/M20) 23.6h; 3. Christian Seidel (GER/M17) 24.5h; 4. Tim Adams (un/M33) 25.4h; 5. Christian Grewe (GER/M17) 25.6h; 6. Brad Bull (un/M39) 25.7h; 7. Matt Vincent (un/M18) 25.8h; 8. Andreas Ottens (GER/M16) 26.3h; 9. Gerald Flores (un/M18) 27.0h; 10. Rob Simpson (un/M45) 27.1h; 11. Darren Stults (un/M16) 27.3h; 12. Ryan Beavers (un/M16) 27.9h; 13. Bill Barks (un/M39) 29.5h; 14. Dean Tanner (GER/M13) 32.7h; dnf. Ryan Hoel (un/M17).

Co-ed Jogger's Mile

Co-ed 4x100-meter Relay
1. LG Fallingboster (Ottens/Grewe/Kruger/Seidel) 47.6h; 2. Viking Alums (O'Brien/McCulloch/Gilmore/Grichel) 51.0h; 3. Juanita XC 58.8h; 4. 4 Stingin' B's 77.3h.
**Women's 1500-meter Run**
1. Christy Pruitt (un/F16) 5:58.2; 2. Stephanie Trippel (un/F17) 7:09.8; 3. Melissa McConnell (un/F13) 8:08.1.

**Men's 1500-meter Run**

**Men's 400-meter Dash**
1. Shane Carothers (un/M18) 55.7h; 2. Stefan Kruger (GER/M20) 55.8h; 3. Jim Rhodes (un/M16) 56.4h; 4. Jon Murhead (un/M20) 56.8h; 5. Brad Bull (un/M40) 57.4h; 6. Ian McKissick (un/M18) 60.8h.

**Women's 800-meter Dash**
1. Helen Smith (un/F29) 2:31.2.

**Men's 800-meter Dash**
1. Jon Swanson (un/M27) 1:55.2; 2. Jack Prestrud (CNW/M42) 2:10.3; 3. Ken Franklin (un/M38) 2:10.5; 4. Dave Doran (un/M20) 2:11.9; 5. Bryan Burdo (un/M42) 2:14.0; 6. John Harvey (un/M33) 2:29.7; 7. Royce Cameron (un/M37) 3:00.7; 8. Nick Welch (RCFlyers/M11) 3:01.1; 9. Sean Cameron (un/M09) 3:01.6.

**Co-ed 4x400-meter Relay**
1. Western Alumni (Grichel/ O'Brien/Gilmore/McCulloch) 3:52.6; 2. Discount Plus 4:01.1.

**Women's 5000-meter Run**

**Men's 5000-meter Run**
1. Robinson Howell (un/M40) 17:27; 2. Al Neel (un/M42) 17:32; 3. Mahta Mesfun (un/M17) 17:37; 4. no card turned in; 5. Steve Ogden (un/M32) nt; 6. Bill Cusworth (CNW/M32) nt; 7. no card turned in; 8. Christopher Eick (un/M46) nt; 9. no card turned in; 10. Scott Koch (DJC/M27) nt. Watch failed to properly record times in 5000m.

**Men's 10,000-meter Run -- SPECIAL EVENT**
1. Uli Steidl (CNW/M27) 29:46.7; 2. Miguel Galeana (SSR/CNW/M25) 29:47.4; 3. Greg Crowther (CNW/M26) 30:57.8; 4. Rich Brown (Tfoot/SSR/M26) 31:10.0; 5. Phil Jasperson (un/M32) 31:11.8; 6. Brad Hooper (SSR/M30) 32:31.9; 7. Matt Ventimiglia (un/M21) 32:32.7; 8. Mark Donahue (un/M28) 33:05.2; 9. Michael Allison (CNW/M47) 33:44.5; dnf. Sam Alexander (un/M26), Mark Bloudek (CNW/M25), Dave Mora (CNW/M34), Mike Smith (CNW/M41), Dave Smith (CNW/M28), Matt Messner (CNW/M30), Daniel Machar (un/M19), and John Lat (un/M18).

**No entries**
Kid's High Jump, Men's Triple Jump, Kid's Shot Put, Women's Javelin Throw, Men's Javelin Throw, Kid's Jogger's Mile Run, Co-ed Mile Race Walk, Women's 400-meter Dash, and Women's 800-meter Dash.